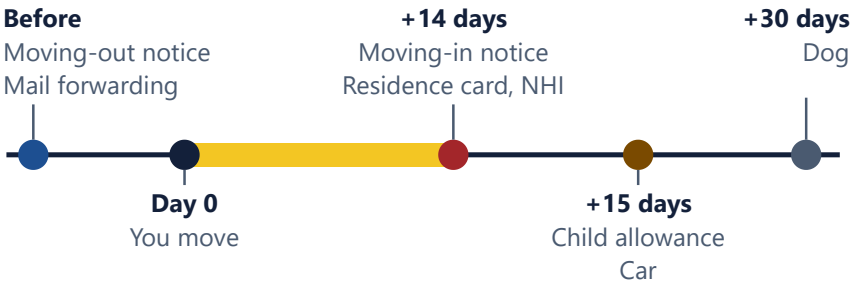
Japan moving checklist

Write your moving date on the line. Most legal deadlines are 14 days from that date.

Moving date: _____ 14-day deadline: _____ New city office: _____



Before you move

- ☐ Moving-out notification at your old office (if you change city or ward)
- ☐ Book electricity, gas and water start and stop dates
- ☐ Tell your internet provider
- ☐ Mail forwarding with Japan Post, about two weeks before

Within 14 days

- ☐ Moving-in or change-of-address notification
- ☐ New address on your residence card
- ☐ National Health Insurance, if you have it

After that

- ☐ Child allowance: within 15 days from the day after you move in
- ☐ Registered car: within 15 days. Registered dog: within 30 days
- ☐ Driver's license, promptly
- ☐ Bank, credit cards, mobile phone, insurance, employer or school

Words at the city office

Phrases for shopping

English	Japanese	Say it
I want to file a moving-in notification.	転入届を出したいです。	Tennyū todoke o dashitai desu.
I moved within this city.	市内で引っ越しました。	Shinai de hikkoshimashita.
Please update my residence card too.	在留カードの住所もお願いします。	Zairyū kādo no jūsho mo onegai shimasu.
Is there someone who speaks English?	英語が話せる方はいますか？	Eigo ga hanaseru kata wa imasu ka?

Hayami Tools (hayamitools.com). Created 2026-10-31. Sizes are a guide and differ by brand, so check the shop's own chart.