# Tatami size chart

Listings in Japan count one jō as 1.62 m² or more. The area in square meters is the number to compare.

### Size of one tatami mat

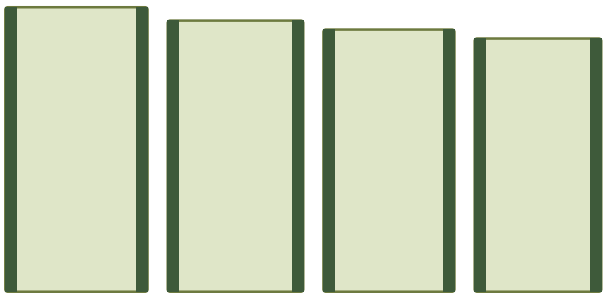
| Type | Where it is used | Size | Area (m²) | Area (ft²) |
|---|---|---|---|---|
| **Kyoma (Honma)** | Kansai area | 1910×955 mm | 1.824 m² | 19.63 ft² |
| **Chukyoma** | Nagoya area | 1820×910 mm | 1.656 m² | 17.83 ft² |
| **Edoma (Kanto)** | Tokyo / Kanto area | 1760×880 mm | 1.549 m² | 16.67 ft² |
| **Danchima** | Apartment blocks | 1700×850 mm | 1.445 m² | 15.55 ft² |
| **Real estate listing standard (1.62 m²)** | Property listings | — | 1.62 m² | 17.44 ft² |

### Room size in square meters, by mat type

| Mats (jō) | Real estate listing standard (1.62 m²) | Edoma (Kanto) | Chukyoma | Kyoma (Honma) | Danchima |
|---|---|---|---|---|---|
| **4.5 jō** | 7.29 m² | 6.97 m² | 7.45 m² | 8.21 m² | 6.5 m² |
| **6 jō** | 9.72 m² | 9.29 m² | 9.94 m² | 10.94 m² | 8.67 m² |
| **8 jō** | 12.96 m² | 12.39 m² | 13.25 m² | 14.59 m² | 11.56 m² |
| **10 jō** | 16.2 m² | 15.49 m² | 16.56 m² | 18.24 m² | 14.45 m² |
| **12 jō** | 19.44 m² | 18.59 m² | 19.87 m² | 21.89 m² | 17.34 m² |
| **15 jō** | 24.3 m² | 23.23 m² | 24.84 m² | 27.36 m² | 21.67 m² |

### Room size in square feet, by mat type

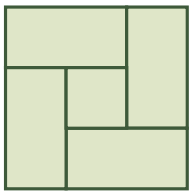
| Mats (jō) | Real estate listing standard (1.62 m²) | Edoma (Kanto) | Chukyoma | Kyoma (Honma) | Danchima |
|---|---|---|---|---|---|
| **4.5 jō** | 78 ft² | 75 ft² | 80 ft² | 88 ft² | 70 ft² |
| **6 jō** | 105 ft² | 100 ft² | 107 ft² | 118 ft² | 93 ft² |
| **8 jō** | 140 ft² | 133 ft² | 143 ft² | 157 ft² | 124 ft² |
| **10 jō** | 174 ft² | 167 ft² | 178 ft² | 196 ft² | 156 ft² |
| **12 jō** | 209 ft² | 200 ft² | 214 ft² | 236 ft² | 187 ft² |
| **15 jō** | 262 ft² | 250 ft² | 267 ft² | 295 ft² | 233 ft² |



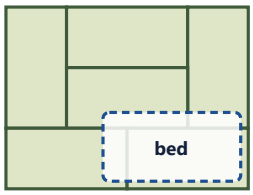
| Kyoma | Chukyoma | Edoma | Danchima |
|---|---|---|---|
| 955×1910 | 910×1820 | 880×1760 | 850×1700 |
| 1.82 m² | 1.66 m² | 1.55 m² | 1.44 m² |

Drawn to the same scale. Sizes in mm.

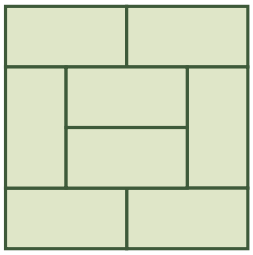
**4.5 mats**



**6 mats**




**8 mats**



The same room drawn with Edoma mats, about 2.64 m wide.

The dashed box is a single bed, about 1 × 2 m, at the same scale.

Mats are laid so that four corners do not meet at one point.

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Hayami Tools (hayamitools.com). Created 2026-10-31. Sizes are a guide and differ by brand, so check the shop's own chart.